

**Front Range League Meet
February 4 and 5, 2009**

Prelims - Wednesday, February 4th

Warm-up: 7:20-9:50 am (assigned lanes)

Meet Start: 10:00 am

Meet must finish before 6:00 pm

Finals - Thursday, February 5th

Diving Warm-up: 7:00-8:50 am

Diving Prelims: 9:00-12:00 am

Swimming Warm-up: 12:00-1:20 (open warm-up)

Finals Start: 1:30 pm (diving finals after 50 free)

Meet must finish before 6:00 pm