

## **About Big Fish Little Fish . . .**

This fun activity is led by the Team Captains and designed for swimmers to support each other and promote team bonding.

The first week of December, swimmers who have been on the team will be paired with swimmers who are new to the team. These Big Fish Little Fish pairings will remain for the swim season. At each meet, both Big Fish and Little Fish should strive to support their partner.

Gifts do not have to be purchased; in fact creativity and homemade items are encouraged. Suggestions: cards, poems, inspirational quotes, photos, personalized word puzzles, a burned CD, home-baked cookies.

If gifts are purchased, they should NOT be expensive. Suggestions: energy bars & sports drinks, small stuffed animals, items from Target's "dollar" section.

Enjoy!

Questions? Contact a Team Captain.